Bob Beck Protocol by R. Webster Kehr, Independent Cancer Research Foundation, Inc.

Important Note

This article is only a small part of the complete Bob Beck Protocol article. Do NOT use without reading the complete Bob Beck Protocol articles first:

Article #1: Blood Purifier or Blood Electrification
The purpose of the Blood Purifier/Blood Electrification is to attenuate
(i.e. disable from multiplying) microbes which flow through the blood.

The Blood Purifier creates a small electrical current in the blood which will break off a key enzyme on the surface of all tested microbes. This prevents the microbe from attaching to human cells and multiplying. The microbes are then safely removed from the body.

Because of the vast number of microbes which cannot attach to human cells because of this device, it is almost certain that within the first few days of using the Blood Electrification device you will experience "flulike symptoms" (this is called the "Herxheimer Reaction"). These symptoms are caused by the massive die-off of microbes and do not create any type of danger.

To prevent this symptom from being severe, it is important to drink copious amounts of water during the Bob Beck Protocol. This water includes the ozonated water.

The rule of thumb is to drink half your body weight (measured in pounds) in water (measured in ounces). For example, if your weight is 200 pounds, you would drink 100 ounces of water (1/2 of 200 is 100) per day, maybe more. This includes the ozonated water.

Because the Magnetic Pulser is generally used prior to the Blood Electrification treatment, it is important to understand when the water should be taken:

1) One hour before the Magnetic Pulser (for electrolytes to create an electric current), and

2) One-half hour before the Magnetic Pulser (i.e. thirty minutes after the first water)

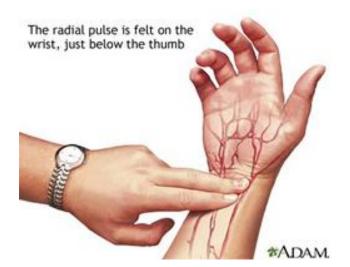
You also might want to drink some water immediately after using the Magnetic Pulser and wait 15 to 30 minutes before starting this Blood Purifier treatment. This water is to detoxify (especially the ozonated water) the blood and lymph system.

In other words, the majority of the water you drink during the day should be at one of those three times. All three times are before the Blood Purifier. Most, if not all, of the water you take should be ozonated water.

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## VERY, VERY Important Note - Study Carefully!!!:

When placing the electrodes on your ulnar and radial arteries (on your wrist), you should place the electrodes directly on top of the arteries and at the location of strongest pulse. Once you get used to placing the electrodes you will memorize their location and be familiar with the amount of tingling of the electrical current.



When putting the electrodes on your wrist, each electrode should be placed inside of a cotton sleeve. The purpose of these cotton sleeves is to protect your skin and to provide better electrical conductivity between the electrodes and the skin. The sleeves need to have salt water dropped on them in order for the electricity to be transferred from the electrodes to the skin.



When keeping these sleeves wet, by putting a few drops of sea salt water on them every 20 to 60 minutes, it is possible that there will be a film of water on the surface of the wrist, and/or on the bottom of the velcrow strap, between the two cotton sleeves. Since electricity always takes the path of least resistance, it is possible the electricity will cross over the thin layer of water on your skin or the bottom of the rubber strap, instead of going through the skin and into the blood stream. You will know this happens because the tingling of the skin, caused by the electrical current, will stop after you put drops of salt water on the cotton sleeves.

It is critical to keep the skin between the two cotton sleeves, and the bottom of the velcrow strap, DRY. This is very important to check after each time you wet the cotton sleeves. You can use a Q-Tip, and/or a dry finger and/or blow air between the electrodes, until the area between the cotton sleeves is dry!! When the area between them is dry (including the top of the skin and the bottom of the velcrow strap), the tingling should return.

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If you think you have large amounts of microbes in your body at the beginning of this treatment, which most people do have, you might want to start using the Blood Purifier for only 20 minutes a day, and build up by 20 minutes a day, until you are using the machine for two hours. You should use the machine for two hours a day for 4 weeks (this does NOT include the days where you use it less than two hours).

Likewise, after the four weeks is over, you might want to gradually taper off by 20 minutes a day.

Here is a sample protocol:

(Two days with none of the forbidden items listed above)

Day 1) 20 minutes

Day 2) 40 minutes

Day 3) 60 minutes

Day 4) 80 minutes Day 5) 100 minutes

The 28 consecutive days of the official treatment These are the days when the Magnetic Pulser time is also maximized Days 6-33) 120 minutes every day

Day 34) 100 minutes

Day 35) 80 minutes

Day 36) 60 minutes

Day 37) 40 minutes

Day 38) 20 minutes

At no time during the 38 days of using the equipment (in this example), and the 2 days before you start, are you allowed to take any of the forbidden items.

As can be seen, including the build-up and taper-off, this is almost a 6 week treatment. But the benefits of this treatment make it worth the time and effort!

During the first half hour, every 5 or 10 minutes you need to turn it up slightly 2 or 3 times during this half hour. In other words, every 5 or 10 minutes you may be able to tolerate a little more tingling. If it is very uncomfortable then back off just a little bit.

Some people, perhaps most people, may not be able to tolerate the maximum setting. Just do the best you can without being too uncomfortable.

The bottom line is this, you should adjust the Blood Purifier to a "slightly uncomfortable" position. Do not adjust it to an uncomfortable position, just to a "slightly uncomfortable" position.

Third, the expert concluded that the method that Bob Beck endorses, using the two arteries on the wrist, was the best location of the electrodes. The reason, he stated, was that electricity will follow the path of least resistance, and by putting both electrodes on the same wrist, you get a much more predictable electrical current in the arteries, from person to person.

He stated that while other locations might give the microbes more

exposure to the electrical current, because of the way electrical current will follow the path of least resistance, it is best to have a short distance the current has to flow, in order to better predict the electrical current in a specific artery.

For example, in going from ankle to ankle, there are many different paths the electricity can take, including paths that include the muscles and nerves. The total electrical current will be divided up between the different paths, and it will probably turn out that no single path will have the minimum amount of current required by the Kaali and Lyman discovery, which is 50 microamps.

In addition, each path has a different length. The greater the length of the path the more resistance. In addition, there are a lot of variables involved in the amount of resistance for each path. The electricity will actually be divided up based on the total resistance of each path (the less resistance the more current will flow in that path). Thus it would be difficult to know how many volts to use for each person to insure at least one artery will have the minimum electrical current.

In other words, if a long path is used (such as ankle to ankle), it would be difficult, if not impossible, to guarantee that any single path had enough current because it would be very difficult to measure the current in any given path for a specific person. A meter built into the device would not be able to detect the current in a given artery, for example. Furthermore, all of these variables will vary from person to person.

This is why he strongly endorsed putting both electrodes on the same wrist, to minimize the number of variables, even though he was aware of other options.

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## **Article #4: Ozonated Water**

It has been shown in scientific experiments that there is an inverse relationship between the amount of oxygen in the blood and the ability of cancer to spread. In other words, the more oxygen, the less your disease is able to spread.



Ozone is a superb way to get oxygen into your body. However, the amount of ozone in ozonated water is probably not enough to seriously stop the spread of cancer. But it may slow it down and help the other protocols do their job.

This treatment is officially a detoxification protocol because it oxidizes toxins and thus prevents many of the serious side-effects of microbe die-off.

The liquids which are part of the complete **Bob Beck Protocol** are either

in the form of distilled water (or a high quality spring water) or ozonated water (which starts out as distilled water). It is the proportion of these two types of liquids which is important to pay attention to.

Soda pops (whether diet or sugar soda pop), alcohol, coffee, tea, etc. should not be consumed during the <u>Bob Beck Protocol</u>. But natural, 100% fruit juices can be consumed at any time (with certain exceptions discussed in the main article).

One of the simplest and least expensive ways to get ozone (i.e. which breaks down into oxygen singlets and O2) into the bloodstream is to ozonate ice cold, distilled water or a quality spring water (no tap water). The colder the water is, the more ozone the water can hold and the longer it can hold it.

Here is a list of the major benefits of ozonated water:

- 1) It purifies the blood of some microbes,
- 2) It is a superb detoxification method (it oxidizes the toxins, thus neutralizing them),
- 3) It may kill some cancer cells or the microbes inside the cells,
- 4) It can stop the spreading of cancer,
- 5) It may provide energy,
- 6) It can help the immune system by providing the white blood cells oxygen singlets.

A home-grade water ozonator will cost about \$300 (Ours are much less). A medical-grade ozonator, which is not necessary for this treatment, costs \$3,000 and up.

There are several other things that are necessary to understand.

First, the container the distilled water is in, that the ozone will be bubbled into, ABSOLUTELY MUST BE MADE OF GLASS. Ozone will tear apart a plastic container and you will end up drinking plastic!! This eliminates people on feeding tubes from using this part of the treatment unless the feeding tubes are made of silicon. Everything the ozonated water touches should be made of glass, even the drinking glass. Every tube should be made of silicon.

Second, the patient should drink the ozonated water as soon as it is made because the ozone only lasts about 20 minutes.

You should turn the ozonator on, with the stone bubbling in the water, for about 6-10 minutes before drinking.

Use ONLY a high quality distilled water to make ozonated water, preferably distilled by steam distillation.

You cannot use ozonated water when making colloidal silver because if you boil ozonated water (boiling some water is necessary to make colloidal silver), it won't have any ozone left in it. One water is cold (when ozonated water is made) and one water is hot (when colloidal silver is made).

Ozonated water does not store well, not even in the refrigerator. If you do store it for a few hours, make sure it is in a glass bottle, has a tight non-metallic, and non-plastic lid, and is put and stays in the refrigerator immediately after making. But even this is not recommended because it order to make a tight lid there must be some type of plastic involved.

Because ozonated water, by itself, can create some flu-like symptoms because of die-off, you may want to build up with this product (there is no need to taper off).

As mentioned in the main article, the minimum amount of liquids (e.g. water or ozonated water) you should consume is one ounce per two pounds of body weight (e.g. 200 pounds means 100 ounces).

To build up to the amount of ozonated water, you could start with 10% of your total liquid intake coming from ozonated water and 90% from distilled water. In other words, your total daily intake of liquids will be the same every day, but for the first day, for example, only 10% of your total daily intake is ozonated water. The second day only 20% of your total daily intake is ozonated water. Or whatever buildup you wish to use.

You should build up to 100% ozonated water as the liquid part of the Bob Beck Protocol.

Lung cancer patients, emphysema patients and asthma patients (and anyone else with lung congestion) should NOT use/inhale the water ozonator at all. The reason is that ozone gas is released during the process of bubbling and ozone gas may cause congestion or make existing congestion much worse. However, these patients should drink the required amount of liquids as distilled or a quality

spring water.  $\underline{http://cancertutor.com/Cancer02/BobBeck-OZ.html}$ <u>Home</u>